Discipling and Counseling Others

# Course Schedule

| Week | Topic | Class Summary |
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| Week 1: | **What is Discipling, and Why Disciple or be Discipled?** | “Discipling others” means intentionally helping others follow Jesus by providing them personal instruction from God’s Word and being a person for them to imitate. Disciplers provide instruction and someone to imitate. We disciple for God’s glory, our joy and obedience, and to see others grow. |
| Week 2: | **The Importance of Holiness and the Training Language** | The ultimate goal of discipling and being discipled is obedience. The discipler must pursue holiness in their own lives as well as the lives of those they disciple. This class deals with how to train the head, heart, hands and habits effectively by using the training language: Model it before them, Tell them Why, Show them How, Do it With Them, Keep them Going. |
| Week 3: | **Discipling in the Local Church** | Disciplers must make the church the primary platform and context for one-on-one discipling relationships. This lesson shares the rationale for this proposition and helps people think about how to get started. |
| Week 4: | **Establishing in Bible Study and Prayer** | This class covers how to use the training language to train others in how to study the Bible and pray. |
| Week 5: | **Establishing in Evangelism and Service** | This class covers how to use the training language to train others in how to evangelize and engage in service. |
| Week 6: | **Equipping for Service** | This class covers the importance of equipping others for service. This includes developing character, learning more Biblical knowledge, strengthening family relationships, and enhancing ministry skills by using good Christian books. |
| Week 7: | **Ongoing Mentoring and Accountability** | Disciplers can pass on the vision of discipleship to those they disciple (reproduce and multiply) and have an ongoing, edifying relationship of accountability. |
| Week 8: | **Building Relationships By Entering Their World and Identifying with their Suffering** | The foundation of all ministry is sound doctrine and love. This class teaches how to enter other’s world (*Instruments in the Redeemer’s Hands*, Ch. 7-8). |
| Week 9: | **Getting to the Heart in Counseling** | The heart is the target of all and ministry. This class gives an overview of the importance getting to the heart in counseling others (*Instruments in the Redeemer’s Hands*, Ch. 4). |
| Week 10: | **Overview of the Change Process** | How do people change? This class shares recommended methods and processes to help people change Biblically (*The Gospel For Disordered Lives*, Ch. 10). |
| Week 11: | **Instilling Christian Identity** | The New Testament motivates us to action by who God is, what he has done for us, and who he has made us to be. This classes covers the important of instilling a Biblical sense of identity (*Instruments in the Redeemer’s Hands*, Ch. 14) |
| Week 12: | **The Goals and Processes of Speaking the Truth in Love** | This class shares the goals and method of Biblical confrontation (*Instruments in the Redeemer’s Hands*, Ch. 11-12) |

**Additional Comments/Questions:**